

FEMALE REGULAR - A WEEK

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Beef Breakfast Pattie Plain Muffins Grits Banana Coffee Milk 2% Syrup	Scrambled Eggs Griddle Cakes Oatmeal Bran Flakes Cereal Coffee Milk 2% Syrup	Breakfast Gravy Grits Biscuits from Mix Pineapple Coffee Chocolate Milk	Chicken Breakfast Pattie Grits Cinnamon Muffin Bran Flakes Cereal Coffee Milk 2%	Scrambled Eggs Oatmeal Pancakes Quick Coffee Cake Coffee Chocolate Milk Apple Vit C Bev Syrup	Beef Breakfast Pattle Grits Corn Muffins Fruit Salad Coffee Milk 2%	Scrambled Eggs Pancakes Grits Syrup Coffee Chocolate Milk Fruit Salad
LUNCH	Ham w/ Cheese Sandwich Mustard Mayo	Fried Rice Stir Fried Vegetables Seasoned Corn Sugar Cookies Lemonade Beverage	Sloppy Joes w/ Chicken Cucumber Onion Salad Applesauce Pinto Beans Hamburger Bun (Roll) Iced Tea	Bologna Cheese Sandwich Macaroni Salad Cabbage Relish Salad Iced Sweet Cakes Mayo Mustard Fruit Punch Beverage	Chili Steamed Rice Cornbread Pineapple Orange Beverage	Peanut Butter/Apple Jelly Sandwich Crisp Drop Cookies Lemonade Beverage	Peanut Butter/Apple Jelly Sandwich Peanut Butter/Apple Jelly Sandwich 8 oz
PACKOUT	Ham w/ Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Fresh Fruit Mustard Iced Tea	Peanut Butter/Apple Jelly Sandwich Bologna w/ Cheese Sandwich Spice Cake Fresh Fruit Mayo Mustard Lemonade Beverage	Turkey w/ Cheese Sandwich Ham w/ Cheese Sandwich Crisp Drop Cookies Banana Mayo Mustard Iced Tea	Peanut Butter/Apple Jelly Sandwich Turkey w/ Cheese Sandwich Chocolate Cake Fresh Fruit Mayo Mustard Fruit Punch Beverage	Turkey w/ Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Sweet Cake Fresh Fruit Mayo Mustard Orange Beverage	Turkey w/ Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Fresh Fruit Mustard Fruit Punch Beverage	Peanut Butter/Apple Jelly Sandwich Bologna w/ Cheese Sandwich Fresh Fruit Mustard Grape Beverage
SUPPER	Boiled Spaghetti Spaghetti Sauce Pinto Beans Pea Salad Hot Rolls Iced Spice Cake Iced Tea	Chicken & Dumplings Seasoned Collards Greens Mixed Veg + Carrots + Potatoes Biscuits from Mix Iced Sweet Cake Fruit Punch Beverage	Cheeseburger Mac Green Beans Mixed Beans Hot Rolls Cabbage/ Lettuce Salad Italian Dressing Grape Beverage	Oven Fried Chicken Chicken Gravy Mashed Potatoes Seasoned Turnips Greens Cornbread Lemonade Beverage	Baked Fish Portions Cheese Grits Colelaw Hot Rolls Crisp Drop Cookies Fruit Punch Beverage	Brunswick Stew Steamed Rice Tossed Salad Vinegar & Oil Dressing Iced Spice Cake Iced Tea	Meatloaf Brown Gravy Baked Beans Steamed Rice Green Beans & Potatoes Hot Rolls Iced Brownie Iced Tea

FEMALE REGULAR - B WEEK

May 26														
SUNDAY			MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
BREAKFAST	Beef Breakfast Pattie	2 each	Grilled Bologna	2 oz	Egg Casserole	1 cup	Chicken Breakfast Pattie	2 each	Scrambled Eggs	1/2 cup	Breakfast Gravy	1/2 cup	Scrambled Eggs	1/2 cup
	Grits	1/2 cup	Oatmeal	1/2 cup	Grits	1/2 cup	Grits	1/2 cup	Grits	1/2 cup	Grits	1/2 cup	Grits	1/2 cup
	Plain Muffins	1 each	Quick Coffee Cake	1 piece	Gridle Cakes	2 each	Corn Muffins	1 each	Biscuits from Mix	1 each	Biscuits from Mix	1 each	Oven Browned Potatoes	1/2 cup
	Oven Browned Potatoes	1/2 cup	Bran Flakes Cereal	1 cup	Pears	1/2 cup	Bran Flakes Cereal	1 cup	Frosted Flakes	1 cup	Bran Flakes Cereal	1 cup	Pancakes	2 each
	Coffee	8 oz	Coffee	8 oz	Coffee	8 oz	Coffee	8 oz	Coffee	8 oz	Coffee	8 oz	Coffee	8 oz
	Milk 2%	1 each	Milk 2%	1 each	Chocolate Milk	1 each	Milk 2%	1 each	Milk 2%	1 each	Milk 2%	1 each	Chocolate Milk	1 each
	Banana	1 each	Orange Vlt C Beverage	8 oz	Syrup	2 oz					Orange	1 each	Applesauce	1/2 cup
LUNCH	Ham w/ Cheese Sandwich	1 each	Baked Fish Portions	4 oz	Taco Salad	3/4 cup	Turkey & Cheese Wrap	1 each	Chicken Mashed Potato Bowl	3/4 cup	Peanut Butter/Apple Jelly Sandwich	1 each	Peanut Butter/Apple Jelly Sandwich	1 each
	Mustard	1 each	Cheese Grits	1/2 cup	Pinto Beans	1/2 cup	Potato Salad	1/2 cup	Cabbage Relish Salad	1/2 cup	Crisp Drop Cookies	2 each		
	Mayo	1 each	Lyonnaise Carrots	1/2 cup	Tortilla Chips	1 oz	Cucumber and Onion Salad	1/2 cup	Fruit Salad	1/2 cup	Lemonade Beverage	8 oz		
			Applesauce	1/2 cup	Oatmeal Cookies	2 each	Sugar Cookies	2 each	Seasoned Corn	3/4 cup				
			Grape Beverage	8 oz	Salsa	1 oz	Mayo	1 each	Iced Tea	8 oz				
PACKOUT														
	Ham w/ Cheese Sandwich	1 each	Peanut Butter/Apple Jelly Sandwich	1 each	Ham w/ Cheese Sandwich	1 each	Peanut Butter/Apple Jelly Sandwich	1 each	Turkey w/ Cheese Sandwich	1 each	Turkey w/ Cheese Sandwich	1 each	Peanut Butter/Apple Jelly Sandwich	1 each
	Peanut Butter/Apple Jelly Sandwich	1 each	Turkey w/ Cheese Sandwich	1 each	Peanut Butter/Apple Jelly Sandwich	1 each	Turkey w/ Cheese Sandwich	1 each	Bologna w/ Cheese Sandwich	1 each	Peanut Butter/Apple Jelly Sandwich	1 each	Bologna w/ Cheese Sandwich	1 each
	Fresh Fruit	1 each	Sweet Cake	1 each	Oatmeal Cookies	2 each	Chocolate Cake	1 piece	Sweet Cake	1 each	Fresh Fruit	1 each	Banana	1 each
	Mustard	1 each	Banana	1 each	Fresh Fruit	1 each	Banana	1 each	Fresh Fruit	1 each	Mustard	1 each	Mustard	1 each
SUPPER	Lemonade Beverage	8 oz	Mayo	1 each	Mayo	1 each	Mayo	1 each	Mayo	1 each	Iced Tea	8 oz	Orange Beverage	8 oz
			Mustard	1 each	Mustard	1 each	Mustard	1 each	Mustard	2 each				
			Grape Beverage	8 oz	Iced Tea	8 oz	Lemonade Beverage	8 oz	Iced Tea	8 oz				
	Spanish Rice w/ ground Beef	3/4 cup	Salisbury Patty	1 each	Macaroni & Cheese	3/4 cup	Beef & Bean Burritos (2 each)	1 each	Grilled Hamburger	1 each	Chicken and Biscuits	3/4 cup	Chili	3/4 cup
	Pinto Beans	1 cup	Brown Gravy	2 oz	Baked Beans	1 cup	Steamed Rice	1/2 cup	Hot Dog	1 each	Seasoned Tump Greens	1/2 cup	Steamed Rice	1/2 cup
	Cabbage/Lettuce Salad	1 cup	Steamed Rice	1/2 cup	Green Beans	1/2 cup	Seasoned Corn	1/2 cup	Oven Browned Potatoes	1/2 cup	Carrots	1/2 cup	Tossed Green Salad	1 cup
	Vinegar & Oil Dressing	1 oz	Pears & Carrots	1/2 cup	Corn Bread	1 piece	Iced Sweet Cake	1 each	Coleslaw	1/2 cup	Pinto Beans	1 cup	Italian Dressing	1 oz
	Seasoned Collard Greens	1/2 cup	Combread	1 piece	Iced Sweet Cake	1 each	Orange Beverage	8 oz	Mustard	2 each	Biscuits from Mix	1 each	Red Beans	1 cup
	Combread	1 piece	Oatmeal Cookies	1 each	Iced Tea	8 oz	Ketchup	2 each	Iced Spice Cake	1 piece	Iced Tea	8 oz	Hot Rolls	1 each
	Iced Chocolate Cake	1 piece	Orange Beverage	8 oz			Hamburger & Hot Dog Buns	2 each	Iced Tea	8 oz	Iced Brownie	1 each		
	Iced Tea	8 oz					Grape Beverage	8 oz				Iced Tea	8 oz	

FEMALE REGULAR - C WEEK

May-26

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Beef Breakfast Pattie Plain Muffins Grits Oven Browned Potatoes Coffee Milk 2% Banana	Scrambled Eggs Grits Oatmeal Muffins Bran Flakes Cereal Coffee Milk 2% Fruit Salad	Grilled Bologna Oatmeal Griddle Cakes Frosted Flakes Cereal Coffee Milk 2% Syrup	Breakfast Gravy Biscuits from Mix Grits Bran Flakes Cereal Coffee Milk 2%	Chicken Breakfast Pattie Grits Cinnamon Muffin Pineapple Coffee Chocolate Milk	Scrambled Eggs Grits Corn Muffins Bran Flakes Cereal Coffee Milk 2% Pineapple Vt/C Bev	Beef Breakfast Pattie Grits Pancakes Oven Browned Potatoes Syrup Coffee Chocolate Milk Pears
LUNCH	Ham w/ Cheese Sandwich Mustard Mayo	Hoppin John Cornbread Green Beans Mixed Green Salad Vinegar & Oil Dressing Iced Tea	Veggie Mac & Cheese Cucumber Onion Salad Mixed Beans Sugar Cookies Iced Tea	Bologna w/ Cheese Sandwich Potato Salad Cabbage Relish Salad Pears Mayo Mustard Iced Tea	Terkey Chicken Stir Fried Vegetables Steamed Rice Iced Chocolate Cake Iced Tea	Peanut Butter/Apple Jelly Sandwich Crisp Drop Cookies Lemonade Beverage	Peanut Butter/Apple Jelly Sandwich Crisp Drop Cookies Lemonade Beverage
PACKOUT	Ham w/ Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Fresh Fruit Mustard Orange Beverage	Peanut Butter/Apple Jelly Sandwich Bologna w/ Cheese Sandwich Chocolate Cake Fresh Fruit Mayo Mustard Fruit Punch Beverage	Turkey w/ Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Sweet Cake Banana Mayo Mustard Iced Tea	Peanut Butter/Apple Jelly Sandwich Turkey w/ Cheese Sandwich Spice Cake Fresh Fruit Mayo Mustard Iced Tea	Turkey w/ Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Crisp Drop Cookies Fresh Fruit Mayo Mustard Iced Tea	Turkey w/ Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Fresh Fruit Mustard Fruit Punch Beverage	Peanut Butter/Apple Jelly Sandwich Bologna w/ Cheese Sandwich Fresh Fruit Mustard Orange Beverage
SUPPER	Chuckwagon Pattie Mixed Beans Green Beans Steamed Rice Brown Gravy Hot Rolls Iced Spice Cake Ice Tea	Chicken Wrap (2 Each) Steamed Rice White Beans Coleslaw Carrot Cake Iced Tea	Boiled Spaghetti Spaghetti Sauce Tossed Green Salad Italian Dressing Red Beans Hot Rolls Iced Sweet Cake Iced Tea	BBQ Chicken Steamed Rice Seasoned Collard Greens Brown Gravy Pinto Beans Cornbread Iced Tea	Baked Fish Cheese Grits Coleslaw Hot Rolls Crisp Drop Cookies Fruit Punch Beverage	Meatloaf Brown Gravy Mashed Potatoes Pinto Beans Cornbread Iced Sweet Cake Iced Tea	Shepherd's Pie Steamed Rice Brown Gravy Mixed Beans Cabbage/ Lettuce Salad Italian Dressing Hot Rolls Iced Brownie Iced Tea

