

MALE REGULAR - A WEEK							
	May-26						
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Beef Breakfast Pattie	2 each	1/2 cup Scrambled Eggs	2 each Chicken Breakfast Pattie	2 each Scrambled Eggs	1/2 cup Beef Breakfast Pattie	2 each Scrambled Eggs
	Plain Muffins	2 each	2 each Grits	1 cup Grits	1 cup Oatmeal	1 cup Grits	1 cup Pancakes
	Grits	1 cup	1 cup Biscuits from Mix	2 each Cinnamon Muffin	2 each Pancakes	2 each Corn Muffins	2 each Grits
	Banana	1 each	1 cup Pineapple	1/2 cup Bran Flakes Cereal	1 cup Quick Coffee Cake	1 each Fruit Salad	1/2 cup Syrup
	Coffee	8 oz	8 oz Coffee	8 oz Coffee	8 oz Coffee	8 oz Coffee	8 oz Coffee
	Milk 2%	1 each	1 each Chocolate Milk	1 each Milk 2%	1 each Chocolate Milk	1 each Milk 2%	1 each Chocolate Milk
	Syrup	2 oz			Apple Vit C Bev	8 oz	Fruit Salad
					Syrup	2 oz	
LUNCH	Ham w/ Cheese Sandwich	1 each	1 cup Sloppy Joes w/ Chicken	Bologna w/ Cheese Sandwich	1 each Chili	Peanut Butter/Apple Jelly Sandwich	1 each Peanut Butter/Apple Jelly Sandwich
	Mustard	1 each	1/2 cup Cucumber Onion Salad	1/2 cup Macaroni Salad	1/2 cup Steamed Rice	1 cup Crisp Drop Cookies	2 each
	Mayo	1 each	3/4 cup Applesauce	1/2 cup Cabbage Relish Salad	1 each Combread	1 each Lemonade Beverage	8 oz
			2 each Pinto Beans	1 cup Iced Sweet Cakes	1 each Pineapple	1/2 cup	
			8 oz Hamburger Bun (Roll)	2 each Mayo	1 each Orange Beverage	8 oz	
		Lemonade Beverage	Iced Tea	8 oz Mustard	1 each		
				Fruit Punch Beverage	8 oz		
PACKOUT	Ham w/ Cheese Sandwich	1 each	Turkey w/ Cheese Sandwich	Peanut Butter/Apple Jelly Sandwich	Turkey w/ Cheese Sandwich	Turkey w/ Cheese Sandwich	Peanut Butter/Apple Jelly Sandwich
	Peanut Butter/Apple Jelly	1 each	1 each Ham w/ Cheese Sandwich	1 each Turkey w/ Cheese Sandwich	1 each Bologna w/ Cheese Sandwich	1 each Peanut Butter/Apple Jelly Sandwich	1 each Peanut Butter/Apple Jelly Sandwich
	Bologna w/ Cheese Sandwich	1 each	1 each Peanut Butter/Apple Jelly Sandwich	1 each Turkey w/ Cheese Sandwich	1 each Peanut Butter/Apple Jelly Sandwich	1 each Bologna w/ Cheese Sandwich	1 each Bologna w/ Cheese Sandwich
	Peanut Butter/Apple Jelly	1 each	1 each Peanut Butter/Apple Jelly Sandwich	1 each Turkey w/ Cheese Sandwich	1 each Peanut Butter/Apple Jelly Sandwich	1 each Peanut Butter/Apple Jelly Sandwich	1 each Peanut Butter/Apple Jelly Sandwich
	Fresh Fruit	1 each	1 each Crisp Drop Cookies	1 each Fresh Fruit	1 each Chocolate Cake	1 each Sweet Cake	1 each Fresh Fruit
	Mustard	1 each	1 each Fresh Fruit	1 each Fresh Fruit	1 each Mustard	1 each Mustard	1 each Mustard
	Iced Tea	8 oz	1 each Mayo	1 each Mayo	1 each Mayo	1 each Mustard	1 each Mustard
			2 each Mustard	2 each Mustard	2 each Mustard	8 oz	8 oz
		Lemonade Beverage	8 oz Iced Tea	8 oz Fruit Punch Beverage	8 oz Orange Beverage		
SUPPER	Boiled Spaghetti	1 cup	1 cup Cheeseburger Mac	1 each Oven Fried Chicken	1 each Baked Fish Portions	1 cup Brunswick Stew	1 each Meatloaf
	Spaghetti Sauce	3/4 cup	1/2 cup Green Beans	1/2 cup Chicken Gravy	2 oz Cheese Grits	1 cup Steamed Rice	2 oz Brown Gravy
	Pinto Beans	1 cup	1/2 cup Mixed Beans	1 cup Mashed Potatoes	2/3 cup Colelaw	1 cup Tossed Salad	1 cup Baked Beans
	Pea Salad	1 cup	2 each Biscuits from Mix	2 each Seasoned Turnips	1/2 cup Hot Rolls	2 each Vinegar & Oil Dressing	1 cup Steamed Rice
	Hot Rolls	2 each	1 each Cabbage/ Lettuce Salad	1 cup Combread	1 each Crisp Drop Cookies	2 each Iced Spice Cake	1/2 cup Green Beans & Potatoes
	Iced Spice Cake	1 piece	8 oz Italian Dressing	1 oz Lemonade Beverage	8 oz Fruit Punch Beverage	8 oz Iced Tea	2 each Hot Rolls
	Iced Tea	8 oz	Grape Beverage	8 oz			1 each Iced Brownie
							8 oz Iced Tea

MALE REGULAR - 3 WEEK

May-26

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY					
BREAKFAST	Beef Breakfast Patie	2 each	Gilled Bologna	2 oz	Egg Casserole	1 cup	Chicken Breakfast Pattie	2 each	Scrambled Eggs	2 1/2 cup	Scrambled Eggs	1 1/2 cup
	Grits	1 cup	Oatmeal	1 cup	Grits	1 cup	Grits	1 cup	Grits	1 cup	Grits	1 cup
	Plain Muffins	2 each	Quick Coffee Cake	1 piece	Girdle Cakes	2 each	Corn Muffins	2 each	Biscuits from Mix	2 each	Oven Browned Potatoes	23 cup
	Oven Browned Potatoes	23 cup	Bran Flakes Cereal	1 cup	Pears	1 cup	Bran Flakes Cereal	1 cup	Frosted Flakes	1 cup	Pancakes	2 each
	Coffee	8 oz	Coffee	8 oz	Coffee	8 oz	Coffee	8 oz	Coffee	8 oz	Coffee	8 oz
	Milk 2%	1 each	Milk 2%	1 each	Chocolate Milk	1 each	Milk 2%	1 each	Milk 2%	1 each	Chocolate Milk	1 each
	Banana	1 each	Orange Vi/C Beverage	8 oz	Syrup	2 oz		Orange	Orange	1 each	Applesauce	1 1/2 cup
									Syrup			2 oz
LUNCH	Ham w/ Cheese Sandwich	1 each	Baked Fish Portions	4 oz	Taco Salad	1 cup	Turkey & Cheese Wrap	1 each	Chicken Mashed Potato Bowl	1 cup	Peanut Butter/Apples Jelly Sandwich	1 each
	Mustard	1 each	Cheese Grits	1 cup	Pinto Beans	1 cup	Patato Salad	23 cup	Cabbage Reish Salad	1 1/2 cup	Crisp Drop Cookies	2 each
	Mayo	1 each	Lyonnaise Carrots	1/2 cup	Tortilla Chips	1 oz	Cucumber and Onion Salad	1/2 cup	Fruit Salad	1/2 cup	Lemonade Beverage	8 oz
			Applesauce	1/2 cup	Oatmeal Cookies	2 each	Sugar Cookies	2 each	Seasoned Corn	3/4 cup		
			Grape Beverage	8 oz	Salsa	1 oz	Mayo	1 each	Iced Tea	8 oz		
			Iced Tea			1 each						
				Lemonade Beverage			8 oz					
PACKOUT	Ham w/ Yellow Cheese Sandwich	1 each	Peanut Butter/Apples Jelly Sandwich	1 each	Turkey w/ Cheese Sandwich	1 each	Peanut Butter/Apples Jelly Sandwich	1 each	Turkey w/ Cheese Sandwich	1 each	Turkey w/ Cheese Sandwich	1 each
	Peanut Butter/Apples Jelly Sandwich	1 each	Bologna w/ Cheese Sandwich	1 each	Ham w/ Cheese Sandwich	1 each	Turkey w/ Yellow Cheese Sandwich	1 each	Bologna w/ Cheese Sandwich	1 each	Peanut Butter/Apples Jelly Sandwich	1 each
	Peanut Butter/Apples Jelly Sandwich	1 each	Turkey w/ Cheese Sandwich	1 each	Peanut Butter/Apples Jelly Sandwich	1 each	Turkey w/ Yellow Cheese Sandwich	1 each	Peanut Butter/Apples Jelly Sandwich	1 each	Bologna w/ Cheese Sandwich	1 each
	Fresh Fruit	1 each	Sweet Cake	1 each	Oatmeal Cookies	2 each	Chocolate Cake	1 piece	Sweet Cake	1 each	Fresh Fruit	1 each
	Mustard	1 each	Banana	1 each	Fresh Fruit	1 each	Banana	1 each	Fresh Fruit	1 each	Mustard	1 each
	Lemonade Beverage	8 oz	Mayo	1 each	Mayo	1 each	Mayo	1 each	Mayo	1 each	Mustard	1 each
			Mustard	2 each	Mustard	2 each	Mustard	2 each	Mustard	2 each	Iced Tea	8 oz
			Grape Beverage	8 oz	Iced Tea	8 oz	Lemonade Beverage	8 oz	Iced Tea	8 oz	Orange Beverage	
SUPPER	Spanish Rice w/ ground Beef	1 cup	Salsbury Patty	1 each	Macaroni & Cheese	1 cup	Beef & Bean Burritos (2 each)	2 each	Grilled Hamburger	1 each	Chicken and Biscuits	1 cup
	Pinto Beans	1 cup	Brown Gravy	2 oz	Baked Beans	1 cup	Steamed Rice	1 cup	Hot Dog	1 each	Seasoned Turnip Greens	1 1/2 cup
	Cabbage/Lettuce Salad	1 cup	Steamed Rice	1 cup	Green Beans	1/2 cup	Seasoned Corn	1 cup	Oven Browned Potatoes	23 cup	Carrots	1 1/2 cup
	Vinegar & Oil Dressing	1 cup	Peas & Carrots	1/2 cup	Corn Bread	1 piece	Iced Sweet Cake	1 piece	Coleslaw	12 cup	Pinto Beans	1 cup
	Seasoned Collard Greens	1/2 cup	Cornbread	1 piece	Iced Sweet Cake	1 piece	Orange Beverage	8 oz	Mustard	2 each	Biscuits from Mix	2 each
	Cornbread	1 piece	Oatmeal Cookies	2 each	Iced Tea	8 oz		Ketchup	2 each	Iced Spice Cake	1 piece	
	Iced Chocolate Cake	1 piece	Orange Beverage	8 oz				Hamburger & Hot Dog Buns	2 each	Iced Tea	1 each	
	Iced Tea	8 oz						Grape Beverage	8 oz	Iced Tea	1 each	
												8 oz

MALE REGULAR - C WEEK									
May 26									
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
BREAKFAST	Beef Breakfast Pattie	2 each	1/2 cup	Scrambled Eggs	2 each	1/2 cup	Beef Breakfast Pattie	2 each	
	Plain Muffins	2 each	1 cup	Grits	2 each	1 cup	Grits	1 cup	1 cup
	Grits	1 cup	Oatmeal	Grits	2 each	1 cup	Pancakes	2 each	2 each
	Oven Browned Potatoes	2/3 cup	Griddle Cakes	1 cup	Cinnamon Muffin	1 cup	Oven Browned Potatoes	2/3 cup	2/3 cup
	Coffee	8 oz	Frosted Flakes Cereal	1 cup	Pineapple	8 oz	Syrup	2 oz	2 oz
LUNCH	Milk 2%	1 each	Coffee	8 oz	Coffee	1 each	Coffee	8 oz	8 oz
	Banana	1 each	Milk 2%	1 each	Chocolate Milk	8 oz	Chocolate Milk	1 each	1 each
			Syrup	2 oz			Pineapple Vit C Bev	8 oz	1/2 cup
PACKOUT	Ham w/ Cheese Sandwich	1 each	1 cup	Bologna w/ Cheese Sandwich	1 each	1 cup	Peanut Butter/Apple Jelly Sandwich	1 each	1 each
	Mustard	1 each	1 piece	Potato Salad	2/3 cup	1/2 cup	Crisp Drop Cookies	2 each	
	Mayo	1 each	1/2 cup	Cabbage Relish Salad	1 cup	1 cup	Lemonade Beverage	8 oz	
			1 cup	Pears	1/2 cup	1 piece			
			1 cup	Mayo	1 each	8 oz			
SUPPER	Chicken Wrap (2 Each)	2 each	1 cup	BBQ Chicken	1 each	4 oz	Shepherd's Pie	1 cup	
	Stewed Rice	1 cup	3/4 cup	Steamed Rice	1 cup	1 cup	Steamed Rice	1 cup	
	White Beans	1 cup	Tossed Green Salad	Seasoned Collard Greens	1/2 cup	1/2 cup	Brown Gravy	2 oz	
	Coleslaw	1/2 cup	Italian Dressing	Brown Gravy	2 oz	2 each	Mixed Beans	1 cup	
	Carrot Cake	1 each	Red Beans	Pinto Beans	1 cup	2 each	Cabbage/ Lettuce Salad	1 cup	
	Iced Tea	8 oz	Hot Rolls	Cornbread	1 piece	8 oz	Italian Dressing	1 oz	
							Hot Rolls	2 each	
							Iced Brownie	1 each	
							Iced Tea	8 oz	
							Iced Tea	8 oz	

MALE REGULAR- D WEEK											
May 26											
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
BREAKFAST	Scrambled Eggs 1/2 cup 2 each Cinnamon Muffin 1 cup Grits 1 each Banana 8 oz Coffee 1 each Milk 2% 1 each Orange Vit C Beverage 8 oz	Breakfast Gravy 2/3 cup Biscuits form Mix 2 each Grits 1 cup Bran Flakes Cereal 1 cup Coffee 8 oz Milk 2% 1 each Orange Vit C Beverage 8 oz	Grilled Bologna 2 oz Grits 1 cup Griddle Cakes 2 each Oven Browned Potatoes 2/3 cup Coffee 8 oz Milk 2% 1 each Syrup 2 oz	Chicken Breakfast Pattie 2 each Grits 1 cup Quick Coffee Cake 1 piece Frosted Flakes Cereal 1 cup Coffee 8 oz Milk 2% 1 each	Scrambled Eggs 1/2 cup Oatmeal 1 cup Biscuits from Mix 2 each Apple 1 each Coffee 8 oz Chocolate Milk 1 each	Egg Casserole 1 cup Bran Flakes 1 cup Grits 1 cup Corn Muffins 2 each Pineapple Vit C Beverage 8 oz Coffee 8 oz Milk 2% 1 each Fruit Salad 1/2 cup Chocolate Milk 1 each	Scrambled Eggs 1/2 cup Oven Browned Potatoes 2/3 cup Pancakes 2 each Grits 1 cup Syrup 2 oz Coffee 8 oz Fruit Salad 1/2 cup Chocolate Milk 1 each				
	Ham w/ Cheese Sandwich 1 each Mustard 1 each Mayo 1 each	Baked Beef Skillet 1 cup Cornbread 1 piece Cucumber Onion Salad 1/2 cup Sugar Cookies 2 each Iced Tea 8 oz	Sticky Joe w/ Chicken 2/3 cup Steamed Rice 1 cup Seasoned Collard 1/2 cup Hamburger Bun (Roll) 2 each Pears 1/2 cup Lemonade Beverage 8 oz	Turkey & Cheese Wrap 1 each Cream of Potato Soup 1 cup Applesauce 1/2 cup Oatmeal Cookies 2 each Mustard 1 each Mayo 1 each Iced Tea 8 oz	Beef & Bean Burritos (2 Each) 2 each Steamed Rice 1/2 cup Mixed Greens Salad 1 cup Italian Dressing 1 oz Fruit Salad 1/2 cup Lemonade Beverage 8 oz	Peanut Butter/Apple Jelly Sandwich 1 each Crisp Drop Cookies 2 each Lemonade Beverage 8 oz	Peanut Butter/Apple Jelly Sandwich 1 each				
	Ham w/ Cheese Sandwich 1 each Peanut Butter/Apple Jelly 1 each Sandwich 1 each Peanut Butter/Apple Jelly 1 each Sandwich 1 each Fresh Fruit 1 each Mustard 1 each Iced Tea 8 oz	Peanut Butter/Apple Jelly Sandwich 1 each Bologna w/ Cheese Sandwich 1 each Turkey w/ Cheese Sandwich 1 each Spice Cake 1 piece Fresh Fruit 1 each Mayo 1 each Mustard 2 each Lemonade Beverage 8 oz	Turkey w/ Cheese Sandwich 1 each Ham w/ Cheese Sandwich 1 each Peanut Butter/Apple Jelly Sandwich 1 each Sugar Cookies 2 each Fresh Fruit 1 each Mayo 1 each Mustard 2 each Grape Beverage 8 oz	Peanut Butter/Apple Jelly Sandwich 1 each Turkey w/ Cheese Sandwich 1 each Turkey w/ Cheese Sandwich 1 each Sweet Cake 1 piece Banana 1 each Mayo 1 each Mustard 2 each Iced Tea 8 oz	Turkey w/ Cheese Sandwich 1 each Bologna w/ Cheese Sandwich 1 each Peanut Butter/Apple Jelly Sandwich 1 each Oatmeal Cookies 2 each Fresh Fruit 1 each Mayo 1 each Mustard 2 each Iced Tea 8 oz	Turkey w/ Cheese Sandwich 1 each Peanut Butter/Apple Jelly Sandwich 1 each Peanut Butter/Apple Jelly Sandwich 1 each Bologna w/ Yellow Cheese Sandwich 1 each Fresh Fruit 1 each Mustard 1 each Lemonade Beverage 8 oz	Peanut Butter/Apple Jelly Sandwich 1 each				
	Chili 1 cup Steamed Rice 1 cup Lyonnaise Carrots 1/2 cup Cabbage/Lettuce Salad 1 cup Italian Dressing 1 oz Red Beans 1 cup Cornbread 1 piece Iced Spice Cake 1 piece Iced Tea 8 oz	Fish Tacos (2 Each) 2 each Cheese Grits 1 cup Cabbage Relish Salad 1/2 cup Mixed Beans 1 cup Iced Chocolate Cake 1 piece Iced Tea 8 oz	Beef & Macaroni 1 cup Carrots 1/2 cup Pinto Beans 1 cup Peach Cobbler 1 piece Cornbread 1 piece Iced Tea 8 oz	Baked Chicken & Noodles 1 cup Seasoned Collard 1/2 cup Mixed Beans 1 cup Biscuits from Mix 2 each Pineapple Cake 1 piece Fruit Punch Beverage 8 oz	Shepherd's Pie 1 cup Pinto Beans 1/2 cup Seasoned Turnips 1 cup Cornbread 1 piece Oatmeal Cookies 2 each Fruit Punch Beverage 8 oz	Meatloaf 1 cup Brown Gravy 1 cup Mixed Beans 1/2 cup Veg-Carrots-Potatoes 1 piece Steamed Rice 2 each Iced Sweet Cake 8 oz Iced Tea	Chicken & Beef Jambalaya 1 cup Pinto Beans 2 oz Glazed Carrots 1 cup Cabbage/Lettuce Salad 1/2 cup Italian Dressing 1 cup Hot Rolls 1 each Iced Brownie 8 oz Iced Tea				
SUPPER											