FEMALE REGULAR - A WEEK

May-26

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Beef Breakfast Pattie Plain Muffins Grits Banana Coffee Milk 2%	Scrambled Eggs Griddle Cakes Oatmeal Bran Flakes Cereal Coffee Milk 2% Syrup	Breakfast Gravy Grits Biscuits from Mix Pineapple Coffee Chocolate Milk	Chicken Breakfast Pattie Grits Cinnamon Muffin Bran Flakes Cereal Coffee Milk 2%	Scrambled Eggs Oatmeal Pancakes Quick Coffee Cake Coffee Chocolate Milk Apple Vit C Bev Syrup	Beef Breakfast Pattie Grits Corn Muffins Fruit Salad Coffee Milk 2%	Scrambled Eggs Pancakes Grits Syrup Coffee Chocolate Milk Fruit Salad
LUNCH	Ham w/ Yellow Cheese Sandwich Mustard Mayo	Fried Rice Stir Fried Vegetables Seasoned Corn Sugar Cookies Lemonade Beverage	Sloppy Joes w/ Chicken Cucumber Onion Salad Applesauce Pinto Beans Hambuger Bun (Roll) Iced Tea	Bologna w/ Yellow Cheese Sandwich Macaroni Salad Cabbage Relish Salad Iced Sweet Cakes Mayo Mustard Fruit Punch Beverage	Chili Steamed Rice Cornbread Pineapple Orange Beverage	Peanut Butter/Apple Jelly Sandwich Crisp Drop Cookies Lemonade Beverage	Peanut Butter/Apple Jelly Sandwich
PACKOUT	Ham w/ Yellow Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Peanut Butter/Apple Jelly Sandwich Apple Mustard Iced Tea	Peanut Butter/Apple Jelly Sandwich Bologna w/ Yellow Cheese Sandwich Turkey w/ Yellow Cheese Sandwich Spice Cake Orange Mayo Mustard Lemonade Beverage	Turkey w/ Yellow Cheese Sandwich Ham w/ Yellow Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Crisp Drop Cookies Banana Mayo Mustard Iced Tea	Peanut Butter/Apple Jelly Sandwich Turkey w/ Yellow Cheese Turkey w/ Yellow Cheese Chocolate Cake Apple Mayo Mustard Fruit Punch Beverage	Turkey w/ Yellow Cheese Sandwich Bologna w/ Yellow Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Sweet Cake Orange Mayo Mustard Orange Beverage	Turkey w/ Yellow Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Peanut Butter/Apple Jelly Sandwich Apple Mustard Fruit Punch Beverage	Peanut Butter/Apple Jelly Sandwich Peanut Butter/Apple Jelly Sandwich Bologna w/ Yellow Cheese Sandwich Orange Mustard Grape Beverage
SUPPER	Boiled Spaghetti Spaghetti Sauce Pinto Beans Pea Salad Hot Rolls Iced Spice Cake Iced Tea	Chicken & Dumplings Seasoned Collards Greens Mixed Veg + Carrots + Potatoes Biscuits form Mix Iced Sweet Cake Fruit Punch Beverage	Cheesebuger Mac Green Beans Mixed Beans Hot Rolls Cabbage/ Lettuce Salad Itailian Dressing Grape Beverage	Oven Fried Chicken Chicken Gravy Mashed Potatoes Seasoned Turnips Greens Cornbread Lemonade Beverage	Baked Fish Portions Cheese Grits Coleslaw Hot Rolls Crisp Drop Cookies Fruit Punch Beverage	Brunswick Stew Steamed Rice Tossed Salad Vinegar & Oil Dressing Iced Spice Cake Iced Tea	Meatloaf Brown Gravy Baked Beans Steamed Rice Green Beans & Potatoes Hot Rolls Iced Brownie Iced Tea

FEMALE REGULAR - B WEEK

May-26

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Beef Breakfast Pattie Grits Plain Muffins Oven Browned Potatoes Coffee Milk 2% Banana	Grilled Bologna Oatmeal Quick Coffee Cake Bran Flakes Cereal Coffee Milk 2% Orange Vit C Beverage	Egg Casserole Grits Griddle Cakes Pears Coffee Chocolate Milk Syrup	Chicken Breakfast Pattie Grits Corn Muffins Bran Flakes Cereal Coffee Milk 2%	Scrambled Eggs Grits Biscuits from Mix Frosted Flakes Coffee Milk 2%	Breakfast Gravy Grits Biscuits from Mix Bran Flakes Cereal Coffee Milk 2% Orange	Scrambled Eggs Grits Oven Browned Potatoes Pancakes Coffee Chocolate Milk Applesauce Syrup
LUNCH	Ham w/ Yellow Cheese Sandwich Mustard Mayo	Baked Fish Portions Cheese Grits Lyonnaise Carrots Applesauce Grape Beverage	Taco Salad Pinto Beans Tortilla Chips Oatmeal Cookies Salsa Iced Tea	Turkey & Cheese Wrap Potato Salad Cucumber and Onion Salad Sugar Cookies Mayo Mustard Lemonade Beverage	Chicken Mashed Potato Bowl Cabbage Relish Salad Fruit Salad Seasoned Corn Iced Tea	Peanut Butter/Apple Jelly Sandwich Crisp Drop Cookies Lemonade Beverage	Peanut Butter/Apple Jelly Sandwich
PACKOUT	Ham w/ Yellow Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Peanut Butter/Apple Jelly Sandwich Orange Mustard Lemonade Beverage	Peanut Butter/Apple Jelly Sandwich Bologna w/ Yellow Cheese Sandwich Turkey w/ Yellow Cheese Sandwich Sweet Cake Banana Mayo Mustard Grape Beverage	Turkey w/ Yellow Cheese Sandwich Ham w/ Yellow Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Oatmeal Cookies Orange Mayo Mustard Iced Tea	Peanut Butter/Apple Jelly Sandwich Turkey w/ Yellow Cheese Turkey w/ Yellow Cheese Chocolate Cake Banana Mayo Mustard Lemonade Beverage	Turkey w/ Yellow Cheese Sandwich Bologna w/ Yellow Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Sweet Cake Apple Mayo Mustard Iced Tea	Turkey w/ Yellow Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Peanut Butter/Apple Jelly Sandwich Orange Mustard Iced Tea	Peanut Butter/Apple Jelly Sandwich Peanut Butter/Apple Jelly Sandwich Bologna w/ Yellow Cheese Sandwich Banana Mustard Orange Beverage
SUPPER	Spanish Rice w/ ground Beef Pinto Beans Cabbage/Lettuce Salad Vinegar & Oil Dressing Seasoned Collard Greens Cornbread Iced Chocolate Cake Iced Tea	Salisbury Patty Brown Gravy Steamed Rice Peas & Carrots Cornbread Oatmeal Cookies Orange Beverage	Macaroni & Cheese 1 cup Baked Beans 1 cup Green Beans 1/2 cup Corn Bread 1 piece Iced Sweet Cake 1 each Iced Tea 8 oz	Beef & Bean Burritos (2 each) 2 each Steamed Rice 1 cup Seasoned Corn 1 cup Iced Sweet Cake 1 each Orange Beverage 8 oz	Grilled Hamburger 1 each Hot Dog 1each Oven Browned Potatoes 2/3 cup Coleslaw 1/2 cup Mustard 2 each Ketchup 2 each Hamburger & Hot Dog Buns 2 each Grape Beverage 8 oz	Chicken and Biscuits Seasoned Turnip Greens Carrots Pinto Beans Biscuits from Mix Iced Spice Cake Iced Tea	Chili Steamed Rice Tossed Green Salad Itailain Dressing Red Beans Hot Rolls Iced Brownie Iced Tea

FEMALE REGULAR - C WEEK

May-26

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Beef Breakfast Pattie Plain Muffins Grits Oven Browned Potatoes Coffee Milk 2% Banana	Scrambled Eggs Grits Oatmeal Muffins Bran Flakes Cereal Coffee Milk 2% Fruit Salad	Grilled Bologna Oatmeal Griddle Cakes Frosted Flakes Cereal Coffee Milk 2% Syrup	Breakfast Gravy Biscuits from Mix Grits Bran Flakes Cereal Coffee Milk 2%	Chicken Breakfast Pattie Grits Cinnamon Muffin Pineapple Coffee Chocolate Milk	Scrambled Eggs Grits Corn Muffins Bran Flakes Cereal Coffee Milk 2% Pineapple Vit C Bev	Beef Breakfast Pattie Grits Pancakes Oven Browned Potatoes Syrup Coffee Chocolate Milk Pears
LUNCH	Ham w/ Yellow Cheese Sandwich Mustard Mayo	Hoppin John Cornbread Green Beans Mixed Green Salad Vingear & Oil Dressing Iced Tea	Veggie Mac & Cheese Cucumber Onion Salad Mixed Beans Sugar Cookies Iced Tea	Bologna w/ Yellow Cheese Sandwich Potato Salad Cabbage Relish Salad Pears Mayo Mustard Iced Tea	Terakyi Chicken Stir Fried Vegetables Steamed Rice Iced Chocolate Cake Iced Tea	Peanut Butter/Apple Jelly Sandwich Crisp Drop Cookies Lemonade Beverage	Peanut Butter/Apple Jelly Sandwich
PACKOUT	Ham w/ Yellow Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Peanut Butter/Apple Jelly Sandwich Apple Mustard Orange Beverage	Peanut Butter/Apple Jelly Sandwich Bologna w/ Yellow Cheese Sandwich Turkey w/ Yellow Cheese Sandwich Chocolate Cake Orange Mayo Mustard Fruit Punch Beverage	Turkey w/ Yellow Cheese Sandwich Ham w/ Yellow Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Sweet Cake Banana Mayo Mustard Iced Tea	Peanut Butter/Apple Jelly Sandwich Turkey w/ Yellow Cheese Turkey w/ Yellow Cheese Spice Cake Apple Mayo Mustard Iced Tea	Turkey w/ Yellow Cheese Sandwich Bologna w/ Yellow Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Crisp Drop Cookies Apple Mayo Mustard Iced Tea	Turkey w/ Yellow Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Peanut Butter/Apple Jelly Sandwich Orange Mustard Fruit Punch Beverage	Peanut Butter/Apple Jelly Sandwich Peanut Butter/Apple Jelly Sandwich Bologna w/ Yellow Cheese Sandwich Apple Mustard Orange Beverage
SUPPER	Chuckwagon Pattie Mixed Beans Green Beans Steamed Rice Brown Gravy Hot Rolls Iced Spice Cake Ice Tea	Chicken Wrap (2 Each) Steamed Rice White Beans Coleslaw Carrot Cake Iced Tea	Boiled Spaghetti Spaghetti Sauce Tossed Green Salad Itailian Dressing Red Beans Hot Rolls Iced Sweet Cake Iced Tea	BBQ Chicken Steamed Rice Seasoned Collard Greens Brown Gravy Pinto Beans Cornbread Iced Tea	Baked Fish Cheese Grits Coleslaw Hot Rolls Crisp Drop Cookies Fruit Punch Beverage	Meatloaf Brown Gravy Mashed Potatoes Pinto Beans Cornbread Iced Sweet Cake Iced Tea	Shepherd's Pie Steamed Rice Brown Gravy Mixed Beans Cabbage/ Lettuce Salad Itailain Dressing Hot Rolls Iced Brownie Iced Tea

FEMALE REGULAR - D WEEK

May-26

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Scrambled Eggs Cinnamon Muffin Grits Banana Coffee Milk 2%	Breakfast Gravy Biscuits form Mix Grits Bran Flakes Cereal Coffee Milk 2% Orange Vit C Beverage	Grilled Bologna Grits Griddle Cakes Oven Browned Potatoes Coffee Milk 2% Syrup	Chicken Breakfast Pattie Grits Quick Coffee Cake Frosted Flakes Cereal Coffee Milk 2%	Scrambled Eggs Oatmeal Biscuits from Mix Apple Coffee Chocolate Milk	Egg Casserole Bran Flakes Grits Corn Muffins Pineapple Vit C Beverage Coffee Milk 2%	Scrambled Eggs Oven Browned Potatoes Pancakes Grits Syrup Coffee Fruit Salad Chocolate Milk
LUNCH	Ham W/ Yellow Cheese Sandwich Mustard Mayo	Baked Beef Skillet Cornbread Cucumber Onion Salad Sugar Cookies Iced Tea	Sloppy Joe w/ Chicken Steamed Rice Seasoned Collard Greens Hamburger Bun (Roll) Pears Lemonade Beverage	Turkey & Cheese Wrap Cream of Potato Soup Applesauce Oatmeal Cookies Mustard Mayo Iced Tea	Beef & Bean Burritos (2 Each) Steamed Rice Mixed Greens Salad Itailian Dressing Fruit Salad Lemonade Beverage	Peanut Butter/Apple Jelly Sandwich Crisp Drop Cookies Lemonade Beverage	Peanut Butter/Apple Jelly Sandwich
PACKOUT	Ham w/ Yellow Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Peanut Butter/Apple Jelly Sandwich Orange Mustard Iced Tea	Peanut Butter/Apple Jelly Sandwich Bologna w/ Yellow Cheese Sandwich Turkey w/ Yellow Cheese Sandwich Spice Cake Orange Mayo Mustard Lemonade Beverage	Turkey w/ Yellow Cheese Sandwich Ham w/ Yellow Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Sugar Cookies Orange Mayo Mustard Grape Beverage	Peanut Butter/Apple Jelly Sandwich Turkey w/ Yellow Cheese Turkey w/ Yellow Cheese Sweet Cake Banana Mayo Mustard Iced Tea	Turkey w/ Yellow Cheese Sandwich Bologna w/ Yellow Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Oatmeal Cookies Orange Mayo Mustard Iced Tea	Turkey w/ Yellow Cheese Sandwich Peanut Butter/Apple Jelly Sandwich Peanut Butter/Apple Jelly Sandwich Apple Mustard Lemonade Beverage	Peanut Butter/Apple Jelly Sandwich Peanut Butter/Apple Jelly Sandwich Bologna w/ Yellow Cheese Sandwich Apple Mustard Iced Tea
SUPPER	Chili Steamed Rice Lyonnaise Carrots Cabbage/ Lettuce Salad Itailian Dressing Red Beans Cornbread Iced Spice Cake Iced Tea	Fish Tacos (2 Each) Cheese Grits Cabbage Relish Salad Mixed Beans Iced Chocolate Cake Iced Tea	Beef & Macaroni Carrots Pinto Beans Peach Cobbler Cornbread Iced Tea	Baked Chicken & Noodles Seasoned Collard Greens Mixed Beans Biscuits from Mix Pineapple Cake Fruit Punch Beverage	Shepherd's Pie Pinto Beans Seasoned Turnips Cornbread Oatmeal Cookies Fruit Punch Beverage	Meatloaf Brown Gravy Mixed Beans Mixed Veg+Carrots+Potatoes Steamed Rice Iced Sweet Cake Iced Tea	Chicken & Beef Jambalya Pinto Beans Glazed Carrots Cabbage/ Lettuce Salad Itailian Dressing Hot Rolls Iced Brownie Iced Tea